



# The 5DP

## Leavenworth Washington April 24-28, 2022

**5-Day Program Legal Disclaimer:** Kirby de Lanerolle is not a medical doctor or therapist. His opinion and advise is for you to research and/or decide what resonates for you. The success of an individual program, as well as your ability to self-heal, rests mainly on your personal intention and resolve to focus on your health and life choices - now and in the future.

I, \_\_\_\_\_, understand and accept that during any detox program it is normal for a person to experience a "healing crisis" / "detox" which can include nausea, headaches, skin outbreaks, lightheadedness, fatigue, and other minor symptoms, and that the more toxic my body is, the stronger such symptoms may be.

I acknowledge that:

1. Ultimately, the well-being of my body and mind are my own responsibility and the decision to embark upon a detox program is mine alone.
2. Kirby de Lanerolle, Icicle Creek Center for the Arts (ICCA), and Good Meds Retreat, LLC make no claim to cure or diagnose illness or ailments but that a detox program may be helpful to promote well-being and healthy living;
3. Kirby de Lanerolle is experienced in his field but is not a medical professional or therapist.
4. Kirby de Lanerolle, the 5-day program, ICCA and Good Meds Retreat, LLC do not encourage, endorse or direct participants to live a life without food or drink.

I confirm that I hereby hold harmless Kirby de Lanerolle, ICCA, and Good Meds Retreat, LLC from any liabilities & responsibilities and will have no claims or take any action against the aforementioned parties in relation to my participation in his advice and the 5-Day Program in Leavenworth, WA from April 24-28, 2022. I have voluntarily joined this program of my own free will and declare that Kirby de Lanerolle does not accept or require any monetary benefit or fees for this service - which is freely available to anyone suitable for it.

(Signature) \_\_\_\_\_ (Date) \_\_\_\_\_

**Caution: If you have any hesitation about your ability to undergo a detoxification program, get a physical exam by your naturopathic or medical doctor. Request a blood chemistry screening to make sure that you are not anemic.**

**Seek professional assistance with a doctor's supervision if you: have a terminal or malignant illness; have a genetic disease (an indication of an inherited metabolic problem); have an autoimmune disease; are chronically underweight; suffer from hyperthyroidism; have a mental illness; take any medications regularly; are diabetic or are pregnant.**

**I also give permission for Kirby de Lanerolle and WOW Church/Media as well as ICCA, and/or Good Meds Retreat, LLC to use any pictures or videos taken at the conference that I am in for their own purposes.**

(Signature) \_\_\_\_\_ (Date) \_\_\_\_\_